 

**HEaLth and Wellness**

**District Health and Wellness Leadership Council (DHWLC) Meeting Minutes**

**May 13, 2020 2 p.m. Virtual Microsoft TEAMS meeting**

**Members present:**

Althea Albert-Santiago Square Watson

Surilla Shaw Melissa Stollhaus

M. Leanne White Sarah Drayton

Petra Baker

**Guests:**

Erica Oliver Aldric Weeks

Maximilianah Zales Lauren Landfried

Kara Hughes Katrina Peoples

The meeting opened at 2:05 p.m. with a welcome by Surilla Shaw and a review of the agenda. A copy of the agenda is included with these minutes. Leanne White and Petra Baker discussed the Healthy Schools/Healthy Communities partnership. (see attachment)

Erica Oliver, Maximilianah Zales and Kara Hughes of the BJC Outreach Youth Development Program presented an update of activities (see attached power point). Among their activities as shown on the slides was an enhancement of a neighborhood sidewalk and placement of a crossing guard there through a city funded program.

The Good Life Growing Mobile produce mart will continue in the Greater Ville area. Shop with an Expert occurred at Ruler Food in Forest Park Southeast. Participants were given a tour and gift card. Nurse Carmen Hill of Gateway Elementary hosted a double-dutch team in the Double Dutch Showcase this year. Families completed Cooking classes with their children, and a host of other activities were described including a Bike Safety Program. Principal Austin-Lindsey of Gateway Elementary was the first Principal to join students for the graduation ride. Participants received a bike, lock, light, and helmet.

Melissa Stollhaus and Lauren Landfried talked about the Virtual Flash Mob event. (see attached power point)

Althea Albert-Santiago shared that the state Assessment of the District Health and Wellness policy would have been due this July. However, the Department of Elementary and Secondary Education allowed our district to have a waiver. We will assess the policy next year.

2

Sarah Drayton shared data about the activity of Southwest Foods. (see attachment). Originally, over 90,000 students and over 4,000 adults received meals. They transitioned to meal kits and distributed more than 3,000 weekly. The kits include breakfast and lunch for 7 days and a gallon of milk. Grants are being pursued to assist more schools with nutritional needs. A grant for $2,000.00 went to Mallinckrodt from GenYouth.

Katrina Peoples of ARCHS described their focus, explaining that they improve the lives of Saint Louis residents through partnerships. They provide technical assistance, monthly site visits, and professional development. Areas of concentration are Early Childhood and Parenting, School Age, and Family Support. They are involved in before school, after school, and summer programming, serving 29 schools in the Saint Louis area. They are involved in COVID 19 scenario planning.

Aldric Weeks of the Missouri Extension FNEP (Food and Nutrition Education Program),spoke about their work with a variety of populations including adult caretakers with kids in the household, their work with after school for healthier meals and snacks; and EFTG – Eating from the Garden. 57 classes participated and had a more than 60% improvement in Nutrition Education Outcomes. In the future, more work is anticipated with Walbridge, Yeatman, Adams, Busch Middle, and Kennard. Work with the district Family and Community Engagement department and their director, Mr. Jeffrey Rhone, will begin. The food blog was shared, and here, one can click on a photo of a dish of interest and get the recipe. Their Instagram page is “FNEP\_StL”. Help is being given with SNAP applications, and more.

Althea gave recognition to Jane Donahue of the Saint Louis Public School Foundation for their donation to cover the cost of adult meals!

Leanne concluded with words of thanks.

The meeting adjourned at 3:00 p.m.

**Discussion topics and future considerations:**

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| Continuation of virtual meetings |

**Next meeting TBD**